



Catholic Parish of  
Christchurch North

NORTH PARISH

Weekly

SUNDAY 14TH JUNE // FEAST OF CORPUS CHRISTI

You Are What You Eat!

### **The human body is an incredible creation!!**

Our skin replaces itself every 28 days. Over 70% of our brain is water. Our eyes remain the same size throughout our life. It is little wonder that St. Paul uses the image of the human body in today's second reading for the Solemnity of **Corpus Christi** (which is simply the Latin phrase for the Body of Christ).

When Paul speaks about the Church as the Body of Christ, he is drawing on a theory which the early Christian community would have been aware of. The people living in the Roman Empire at the time of St. Paul thought of themselves as a "body" that was united together as individuals without their individuality being suppressed. St. Paul takes this idea and applies it to the Church. He talks about Christians being one body made up of many parts with Christ as the head. Just as a foot or a hand doesn't operate in isolation but must work together with the head and other parts to enable the whole body to function, so each individual member of the Church must co-operate with Christ and the other members for the Church to function properly.

It was this image of human body that was used by the Second Vatican Council when it talked about the relationship between us as Christians with each other and with Jesus Christ. When we are baptised as Christians, either at birth or as adults, we become part of the Body of Christ.

What an incredible concept!

This means that in the building up of Christ's Body each member has their part to play. Just as a foot or an eye has a special role to play in the human body, so do we as baptised Christians in the Church. For some of us it is in music ministry, for others it is work with youth, or the poor, or the elderly. For some it is in married life, for others it is as a priest or in a religious community. Part of the gift of our confirmation (which completes our baptism) is that we are strengthened by the gifts, or charisms, of the Holy Spirit. Just as we go to the gym to strengthen our arms or legs, so our confirmation strengthens us and our gifts so we can play our part in helping the Body of Christ (the Church) to work better.

This concept of us as Christians forming the Body of Christ has implications for how we understand the Eucharist, the glorified Body of Christ. Not only is reception of Holy Communion a symbol that we belong fully to the Church as the Body of Christ but it is a means to become the Body of Christ. There is a famous saying: "You are what you eat." When we receive the heavenly body of Jesus really, truly and substantially present under the appearance of bread and wine we are nourished by Christ himself and become Christ himself. When we receive the Eucharist with love, care and devotion we are transformed into Christ's own body and can then in turn help transform our community more perfectly into the Body of Christ.

**We eat the Body of Christ to become the Body of Christ!**

God bless,

Monty Bamford

**Mass Times:**

**Vigil Masses (Saturday)**

5 pm - St Matthews Church  
6 pm - Christ the King Church  
6 pm - St Gregory's Church

**Sunday Masses**

8:30 am - St Gregory's  
9 am - Christ the King  
9:30 am - St Matthew's  
10 am - St Gregory's  
11 am - Christ the King  
5 pm - St Gregory's

**Weekday Masses**

**Monday**

7 am & 9 am - Christ the King

**Tuesday**

7 am & 9 am - Christ the King  
9:15 am - St Gregory's

**Wednesday**

7 am & 9 am - Christ the King  
9:15 am - St Gregory's  
Noon - St Matthew's Church  
Hall (during school terms)

**Thursday**

7 am & 9 am - Christ the King  
Noon - St Gregory's

**Friday**

7 am & 9 am - Christ the King  
9 am - St Alban's Catholic  
School Library (during school  
terms)  
9:15 am - St Joseph's Parish  
Centre (during school terms)

**Saturday**

9 am - Christ the King  
9:15 am - St. Gregory's

**Reconciliation Times**

Saturdays

Christ the King  
9:30 - 10:30 am

St Gregory's  
9:45 - 10:45 am

St Matthew's  
4:15 - 4:45 pm

St Gregory's  
5:15 - 5:45 pm

[ or by appointment ]

**Adoration**

Christ the King, Mon - Fri  
7:30 - 8:45 am

St Gregory's Perpetual  
Adoration Chapel

# Introductions

*Over the course of these next few weeks, we will introduce to our community the new Leadership Team. Please keep them in your prayers.*



**LAUREN BUTLER**  
Worship Coordinator

I am delighted to be the new Worship Coordinator serving the people of Christchurch North in Liturgy and Prayer.

I look forward to accompanying and empowering the People of God to use their spiritual gifts at the service of the Lord through the beauty and blessings of the Liturgy, where we will grow in faith together.

I have served in Liturgy and Pastoral Ministry at St Joseph's from 2014. I am an Ignatian trained Spiritual Director and Iconographer, who is passionate about studying the faith. I'm inspired by the lives and holiness of the Saints and pray that some of their zeal might rub off!

**"Be who God meant you to be and you will set the world on fire."  
Catherine of Siena - pray for us!**

Kia Ora! My name is Kaelyn Graham and I am the new Youth & Young Adults Coordinator for the Catholic Parish of Christchurch North!

I have been the Youth Coordinator and Pastoral Assistant for the former Christ the King Parish since January 2018. One of my passions is journeying with and helping young people to come and have a personal relationship with Christ, as this was something that changed my life as a teenager. I have been involved in Parish and Diocesan Youth Ministry, both in New Zealand & Australia for the last 8 years.

I'm really looking forward to working in the new community of Christchurch North Parish!



**KAELYN GRAHAM**  
Youth & Young Adults  
Coordinator

The bishop's vision of merging the Parish's in our Diocese really inspired me - especially the reference to the **'bigger the Parish the smaller it must become'**.

My role as the Discipleship Coordinator, is all about a big parish becoming smaller and linking people and creating community.

I think this scripture quote sums discipleship up perfectly: *"By this all will know that you are My disciples, if you have love for one another."* John 13:35.

One of the main parts of my role is the formation of small groups. So as a bigger parish - we will be able to continue with the wonderful relationships we already have in our existing groups, but more importantly creating new groups of various spiritual and practical needs.

With my past 5 ½ years working as a Pastoral Associate with St Joseph's Parish coordinating the Sacramental programmes, Music Ministry, Bereavement Team and Welcome teams and my 25 or so years in Our Lady of the Assumption Parish working in many volunteering roles, I feel that God has given me the gifts for this very role.

I truly look forward to being of service to you all and am excited to be part of this dynamic Leadership Team and working with Father Rick and his fellow priests of the Catholic Parish of Christchurch North.



**IRENE MAGUIRE**  
Discipleship Coordinator

# Parish Notices

**With us being at Level 1, there are no longer restrictions for Masses.**

- There is no need to register for Sunday Masses. Each Church has a QR Code if you would like to keep track of where you've been.
- Holy Communion can be distributed from the Chalice
- Holy Communion can be received on the tongue.
- We can shake hands at the sign of peace.
- Holy Water will be available in the Holy Water Fonts in our Churches.

If you are not comfortable in receiving from the Chalice, or shaking hands during the sign of peace at this point in time, there is no obligation to do so.

## PREFERENCE CERTIFICATES

One of the priests will be available to sign preference certificates next **Friday (19th June) at St Joseph's Parish Office, 3 - 4 pm.**

Please contact the parish office prior to ensure that you have the correct paperwork. Even if your child has been baptised at Burnside, Bryndwr or Papanui, you will still need to provide a copy of their baptismal record/certificate.

Below you will find the link to the Catholic Education Office preference form

<https://chchceo.org.nz/enrolment/preferenceofenrolment> or contact the parish office for more details.



**TOURNAMENT DAY**  
CATHOLIC YOUTH TEAM

CHRISTCHURCH DIOCESE  
**YOUNG ADULTS**

WIN THE TROPHY!  
**12 PM - 4 PM**  
CATHOLIC CATHEDRAL  
COLLEGE FIELDS  
(62 FERRY RD)

**SA 27 JUNE 2020**

**\$5**

The poster features a basketball player in a red jersey jumping to shoot the ball, with other players in white jerseys reaching up to block. The background is dark red with white and yellow text.

## NEW CATHOLICS ENTERING THE CHURCH SUNDAY 28TH JUNE

Our work of evangelization is to accompany people to Christ. Bishop Paul has designated Sunday 28 June as the day for all parishes of the diocese to celebrate the Mass of initiation, postponed from Holy Saturday. Parish celebrations are a wonderful witness of God's presence increasing in the life of our community. Please consider attending St. Gregory's 10am Mass to support Justine, Jeremy and Sera or attending Christ the King 9am Mass to support Vanessa and Colette as they all become fully initiated Catholic Christians.

## PAPANUI - CATHOLIC WOMEN'S LEAGUE MEETING Thursday 17th June, 1:30 pm St Joseph's Parish Centre

We will celebrate WUCWO at this meeting.  
All Welcome!

## OUR LADY OF PERPETUAL HELP NOVENA RESUMES ON SATURDAY 20TH JUNE, 5 PM

Christ the King Church

A novena dedicated to Our Lady of Perpetual Help, with Exposition of The Blessed Sacrament, takes place every Saturday at Christ the King Church, followed by the Rosary.



## COLLECTORS NEEDED FOR CHRIST THE KING CHURCH

Are you able to help with being a collector at the 6 pm Vigil Mass at Christ the King Church?  
Please contact Kay Price on [kaypricenz@gmail.com](mailto:kaypricenz@gmail.com) or call (03) 351 7683

## INTERESTED IN BECOMING CATHOLIC YOURSELF?

As we celebrate the above people becoming Catholic, there is an opportunity for you or someone you know who is not Catholic to take a leap of faith and journey closer to Jesus within the Catholic Church. The Parish holding several inquiry sessions in the next few weeks, the first one being held at **7.30pm on Tuesday 30th June 2020 at the St. Joseph's Parish Centre.**

If you have any questions please contact Alex Chia on 021 175 7121 or Dan Martin on 022 1751 789.

# Weekday Mass Changes

Catholic Parish of  
Christchurch North Contact  
Details:

**Parish Priest**

Fr Rick Loughnan  
richgsh@gmail.com

**Assistant Priests**

Fr Kevin Wei  
olaparishpriest@gmail.com

Fr Edwin Colaco SDB

edwincolaco11@gmail.com

Fr Alister Castillo

alistercastillo@gmail.com

**PA to Parish Priest &  
Assistant Priests**

Melanie de Roo  
ctk.pariah@extra.co.nz  
(03) 358 2611

**Discipleship Coordinator**

Irene Maguire  
irenemaguire100@live.com  
027 622 9415

**Worship Coordinator**

Lauren Butler  
laurenbutler76@gmail.com  
027 424 6045

**Youth & Young Adults  
Coordinator**

Kaelyn Graham  
ctkyouthnz@gmail.com

**Evangelisation Coordinator**

Brendan Woodnutt  
email TBC

**Schools' Coordinators**

Megan Stewart  
meganstjopapa@gmail.com  
021 069 6233

Monique Kearns

email TBC

**Administration & Reception**

Jennine Baines  
holytrinitybryndwregmail.com  
(03) 351 5795

**Finance Administrator**

Wilma Vertogen  
pap.bish.rc@extra.co.nz  
(03) 352 9275

**Finance Committee Chair**

Graeme Wilson

**Mailing Address**

PO Box 20146  
Bishopdale  
Christchurch, 8543

**Website**

christchurchnorth.org.nz

## Dear Parishioners

Upon making some changes to our weekday Masses during level two lockdown, and now looking at returning back to our normal Mass schedules in level one lockdown, has allowed us to look at the reality of rationalising our weekday Masses as we embrace the amalgamation of our new parish.

Moving back into level one, we have decided that there will be some changes to our weekday Masses - but this will mainly affect Masses at St. Matthew's Church, Bryndwr.

From Monday 15th June, weekday Masses will no longer be held at St. Matthew's Church. The main factors that revolved around this decision was the heating of the Church, and the small numbers in attendance.

With St Patrick's class Masses resuming, moving into the Church every Wednesday would be unfair for our students because the Church is, simply put, freezing due to its heating system and lack of insulation.

Also many of our parishioners, being close to the other two Churches found themselves attending Mass at those Churches.

During school terms, we will still celebrate Mass for the St Patrick's School Classes on Wednesday, and the St. Alban's School Classes on Friday. All parishioners are invited to these Masses!

Please see below for the new weekday Mass schedule of the New North Parish.

Mā te Atua e manaaki,

Fr Alister Castillo

## WEEKDAY MASSES IN THE NORTH PARISH

### MONDAY

7 am & 9 am - Christ the King

### TUESDAY

7 am & 9 am - Christ the King  
9:15 am - St. Gregory's

### WEDNESDAY

7 am & 9 am - Christ the King  
Noon - St Matthew's Church Hall (*recommences 22nd July*)

### THURSDAY

7 am & 9 am - Christ the King  
Noon - St Gregory's

### FRIDAY

7 am & 9 am - Christ the King  
9 am - St Albans Catholic School Library (*recommences 24 July*)  
9:15 am - St Joseph's Parish Centre (*recommences 19 June*)

### SATURDAY

7 am & 9 am - Christ the King  
9:15 am - St Gregory's



## CLASS MASSES DURING SCHOOL TERMS

Every week, in our Parish Schools, a class attends one of the weekday Masses. Below are the usual times of these Class Masses during the school term. All are welcome!

**Class Masses for St. Patrick's, St Albans Catholic & Christ the King will recommence in Term 3**

**St Patrick's Primary School** - Noon, Wednesdays at St Matthew's Church Hall

**St Albans' Catholic Primary School** - 9 am, Fridays at St Albans Catholic School Library

**Christ the King Primary School** - 9 am, Fridays at Christ the King Church

**St Joseph's Primary School** - 9:15 am, Friday's at St Joseph's Parish Centre (*recommences 19th June*)

*\*\* please note - during school holidays, 9:15 am Friday Mass is at St. Gregory's\*\**

# Why do Catholics Fast before Mass?

We fast before Mass in order to prepare a proper dwelling for Jesus when we receive Him in the Eucharist.

What if Pope Francis announced that he was coming over to visit you in your home? Would you clean your house? Of course you would! I'm sure you would even dust the cracks in the floor, clean under the carpets, and even clean those cupboards that are filled with items you don't even use! It's the same when we open up the door of our body and soul to Jesus. We need to clean up and prepare!

The rules for fasting have evolved over the years. According to the Code of Canon Law we are required to fast from everything except water and medicine for **one hour prior to receiving communion** (*Code of Canon Law 919*).

**Why is this necessary?** Fasting is all about the 'disposition' of your soul. That means the 'condition' or 'state' that your soul is in. In order to prepare the soul, we have to prepare the body. **We are physical beings.** When we force our body to do something hard, like not eat or drink, it reminds us that hunger and thirst for spiritual food is even more important.

Since the body and soul make up the one person that you are, they have to do things together . . . **like get ready for Jesus in the Eucharist.**



## **Special Intentions:**

Beryl Ivory (Death Anniversary);

## **Those who are sick:**

Gerard MacManus; Noeline George; Susan Steele; Rosemary Milburn; Honor Bond; Kathleen Ellis; Johanna Van Zuylen; Colleen Furness; Russel Steel; Monica Renwick;

## **Those who have died:**

Brian Eccleton; Mary Lee; Anne Attwood; Brian Joyce; Erin Vermeeren; Jill Lever; Nora Collier; Stephen Cassidy; Sr Enid Lagan RSM; Jocelyn Rusbatch; Carlo Roberto Leopoldo Barbafiera; Sr Mary Boyes RSM; Yvonne Rita Wilkes; Noelene Davie; William 'Bill' Mehalski; Gwen Kane; Leo Steel; Glenice Shirley; Bishop Basil Meeking (Recently Deceased); Kym Will (Recently Deceased);