



Catholic Parish of  
Christchurch North

NORTH PARISH

Weekly

SUNDAY 21ST JUNE // 12 SUNDAY ORDINARY TIME

*Fear no one!*

**"Fear no one. Nothing is concealed that will not be revealed, nor secret that will not be known."**

This Sunday we hear in the Gospel Jesus yet again reminding his disciples to not give into fear, but rather to trust in the love and providence of God the Father. When I read this Gospel passage, I naturally try and put myself into the context in which Jesus and the Twelve lived, and can't help but think about how easy it must have been to give into fear during the times of the early Church. How it must have been tempting at times, as a follower of Jesus to deny Him and God the Father for their own safety and security, or even against the judgements of others who did not believe.

However, for myself, as a young adult today, I can also see the temptation to do the same. It is not normal to have a faith in a loving and merciful God in the world that we live in today, riddled with diseases, struggles and hate. It can be hard to know what to think or say when surrounded by so much hardship and injustice.

At times it is even relatable in prayer to feel like the Psalmist and cry out **"Lord, in your great love, answer me."**

But for myself, and us as Catholics, we know through experience the providence of God. Though this does not mean that nothing bad will happen to us, but rather, that even amid hardship that we are not alone, because we have a God that loves us, unconditionally.

In my own life, during times of suffering, through the support of people around me, I have seen the love of God, which reminds me of the good, even when it may be hard to see at first.

So, let us take heart in Jesus' words in the Gospel today!

**"So do not be afraid; you are more worth more than many sparrows."**

*Kaelyn Graham*

Youth & Young Adults Coordinator



**Phoebe Bryant** (youth leader in the former Christ the King Youth Group) has been working with young adults in Sydney with NET Ministries Australia. To read her update, please visit the website or pick up a copy of her update in the foyer of our churches.

*"This year my mission team is based in the Australian Catholic University North Sydney Campus. We work with the Campus Ministry team, and our ministry involves running events, building the community, and journeying with our students in their faith..."*

**Mass Times:**

**Vigil Masses (Saturday)**

5 pm - St Matthews Church  
6 pm - Christ the King Church  
6 pm - St Gregory's Church

**Sunday Masses**

8:30 am - St Gregory's  
9 am - Christ the King  
9:30 am - St Matthew's  
10 am - St Gregory's  
11 am - Christ the King  
5 pm - St Gregory's

**Weekday Masses**

**Monday**

7 am & 9 am - Christ the King

**Tuesday**

7 am & 9 am - Christ the King  
9:15 am - St Gregory's

**Wednesday**

7 am & 9 am - Christ the King  
9:15 am - St Gregory's  
Noon - St Matthew's Church  
Hall (during school terms)

**Thursday**

7 am & 9 am - Christ the King  
Noon - St Gregory's

**Friday**

7 am & 9 am - Christ the King  
9 am - St Alban's Catholic  
School Library (during school  
terms)  
9:15 am - St Joseph's Parish  
Centre (during school terms)

**Saturday**

9 am - Christ the King  
9:15 am - St. Gregory's

**Reconciliation Times**

Saturdays

Christ the King  
9:30 - 10:30 am

St Gregory's  
9:45 - 10:45 am

St Matthew's  
4:15 - 4:45 pm

St Gregory's  
5:15 - 5:45 pm

[ or by appointment ]

**Adoration**

Christ the King, Mon - Fri  
7:30 - 8:45 am

St Gregory's Perpetual  
Adoration Chapel

**To request prayer, text:  
021 413 659**

# Introductions

*Over the course of these next few weeks, we will introduce to our community the new Leadership Team. Please keep them in your prayers.*

Kia ora koutou!

My name is Megan Stewart and I am thrilled to be on the Leadership Team as the 'Schools' Coordinator' with Monique. I am a mum to three children who all attend our Parish's Catholic schools and I have been in Catholic Education as a teacher and Director of Religious Studies for the last 25 years. Like Monique, I am on the Board of Trustees at St. Joseph's School. Our role across all of our Parish schools is one that I am very excited about. It allows us to work with our schools and parish communities to endeavour to create that **"encounter with the living God"** which will help lead our young people to become committed disciples of Jesus Christ.

I look forward to being part of the bigger team that is our Parish, to support and nurture the faith of our young and I also look forward to meeting you all, as we become one in the North.



**MEGAN STEWART**  
Schools' Coordinator

I am Monique Kearns and I am delighted to have been given the role of 'Schools Coordinator' in the new North Parish alongside Megan Stewart.

The role of Schools Coordinator allows us both to engage with all members of the Parish Community by reaching out across the Parish schools. Having had teaching experience in each of the primary schools and as a member of the St Joseph's Board of Trustees, I look forward to developing these relationships by ensuring that staff, students and the communities that make up each of the schools, feel connected with our new parish.

I love working with people and the idea of bringing school communities together is exciting! I hope that together, we can work towards coming to know Jesus Christ personally as we grow as disciples in our new North Parish.

If you see me around, I would love for you to introduce yourself to me.



**MONIQUE KEARNS**  
Schools' Coordinator

Hi my name is Brendan Woodnutt.

Born in Ireland and moved to New Zealand where I grew up in Wellington. Went to St Patrick's College Silverstream. Have a family of five children and eleven grandchildren. I have been involved with the church since eighteen years of age. During that time I ran a youth ministry called Firepower, headed up Catholic Charismatic Renewal in New Zealand and have been part of the international team responsible for Asia and Oceania.

My career has spanned from the Prison Service to the Waterfront; I have held senior management positions responsible for health and safety. I have just completed a Masters in Catechetics and Evangelisation from Franciscan University of Steubenville. I am now based in Christchurch very excited about the New North Parish and am very keen to assist the parish grow in the areas of evangelisation and discipleship.



**BRENDAN WOODNUTT**  
Evangelisation  
Coordinator

# Parish Notices

**With us being at Level 1, there are no longer restrictions for Masses.**

- There is no need to register for Sunday Masses. Each Church has a QR Code if you would like to keep track of where you've been.
- Holy Communion can be distributed from the Chalice
- Holy Communion can be received on the tongue.
- We can shake hands at the sign of peace.
- Holy Water will be available in the Holy Water Fonts in our Churches.

If you are not comfortable in receiving from the Chalice, or shaking hands during the sign of peace at this point in time, there is no obligation to do so.

## **THEOLOGY OF THE BODY COURSE FOR YOUNG ADULTS, YOUTH LEADERS, AND PARISH LEADERS**

**4th & 5th July, 9 am - 5 pm**

**St. Joseph's Parish Centre**

**\$25 per person (includes lunch)**

Ever wondered about what the church teaches on life, love, sex, gender and relationships and why? This intensive two day course will answer your questions and equip you to help others do the same. Our goal is to give you top quality formation and equip you to run the same course in your own parish and various ministries.

Email Aiber [info@jp2.org.nz](mailto:info@jp2.org.nz) for more info or to register below <https://forms.gle/LP9A6TqNfPwmvHPD7>

## **NEW CATHOLICS ENTERING THE CHURCH SUNDAY 28TH JUNE**

Our work of evangelization is to accompany people to Christ. Bishop Paul has designated Sunday 28 June as the day for all parishes of the diocese to celebrate the Mass of initiation, postponed from Holy Saturday. Parish celebrations are a wonderful witness of God's presence increasing in the life of our community. Please consider attending **St. Gregory's 10am Mass to support Justine, Jeremy and Sera or attending Christ the King 9am Mass to support Vanessa and Colette** as they all become fully initiated Catholic Christians.

## **INTERESTED IN BECOMING CATHOLIC YOURSELF?**

As we celebrate the above people becoming Catholic, there is an opportunity for you or someone you know who is not Catholic to take a leap of faith and journey closer to Jesus within the Catholic Church. The Parish holding several inquiry sessions in the next few weeks, the first one being held at **7.30pm on Tuesday 30th June 2020 at the St. Joseph's Parish Centre.**

If you have any questions please contact Alex Chia on 021 175 7121 or Dan Martin on 022 1751 789.

## **YOUNG ADULTS TOURNAMENT DAY Saturday 27 June // Noon - 4pm (BBQ Afterwards) Catholic Cathedral College Fields \$5 per person**

Young Adults aged 18-35 come through for a time of food, fellowship, good vibes and sporting activities! Whether you're into sports or not, come for a time to meet other young adults in the Christchurch Diocese. Simply chill in our chill out space, support and cheer on competing teams and have a BBQ with us for dinner, there's heaps to do for you! We can't wait to have you join us to win the first ever Tournament Day Trophy!

ST PATRICK'S SCHOOL BRYNDWR PFA

# Mid-Winter GARAGE SALE

*Everything must go!*



Second-hand:  
Books  
Kids and adults clothing  
Soft furnishings  
Toys

**SUNDAY 28TH JUNE  
8AM - 2PM**

ST MATTHEWS PARISH HALL,  
108 JEFFREYS ROAD, BRYNDWR

# How are you really feeling?

**Catholic Parish of  
Christchurch North Contact  
Details:**

**Parish Priest**

Fr Rick Loughnan  
richgsh@gmail.com

**Assistant Priests**

Fr Kevin Wei  
olaparishpriest@gmail.com

Fr Edwin Colaco SDB  
edwincolaco1@gmail.com

Fr Alister Castillo  
alistercastillo@gmail.com

**Seminarian on Placement**

Monty Bamford  
monty.bamford@outlook.co.nz

**PA to Parish Priest &  
Assistant Priests**

Melonie de Roo  
ctk.pariah@extra.co.nz  
(03) 358 2611

**Discipleship Coordinator**

Irene Maguire  
irenemaguire100@live.com  
027 622 9415

**Worship Coordinator**

Lauren Butler  
laurenbutler76@gmail.com  
027 424 6045

**Youth & Young Adults  
Coordinator**

Kaelyn Graham  
ctkyouthnz@gmail.com

**Evangelisation Coordinator**

Brendan Woodnutt  
email TBC

**Schools' Coordinators**

Megan Stewart  
meganstjopapa@gmail.com  
021 069 6233

Monique Kearns  
email TBC

**Administration & Reception**

Jennine Baines  
holyltrinitybryndwregmail.com  
(03) 351 5795

**Finance Administrator**

Wilma Vertogen  
pap.bish.rc@extra.co.nz  
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**Finance Committee Chair**

Graeme Wilson

**Mailing Address**

PO Box 20146  
Bishopdale  
Christchurch, 8543

**Website**

christchurchnorth.org.nz

My goodness, we've been through a lot! If we really made ourselves reflect on what's happened in the last two to three months, we have gone through significant events!

First we had the sudden movement into a nationwide lockdown. This was something extraordinary! All of a sudden, the busyness of our lives seemed to suddenly disappear. No long commutes to work, no meetings and travel, no physical interaction with those outside our bubbles. In our ecclesiastical lives, we were suddenly without the celebration of the sacraments in a public setting! We weren't able to receive the mercy of God through the sacrament of reconciliation, and more importantly, weren't able to receive the Blessed Eucharist.

To think that this wasn't enough for us, Pentecost Sunday saw our three former parishes of Christ the King, Holy Trinity and St Joseph's canonically officially amalgamate into the Catholic Parish of Christchurch North.

All of these events - in some way, shape or form - have affected us, whether it's a heightened sense of an awareness of our health or a deeper realisation of the great gift of the sacraments.

How would you respond if I asked you: 'How are you?' or 'How's it going?'

What would your answer be?

As humans, we inevitably experience stress, anxiety, pressure, fear, and anger. When we are carrying these burdens the greatest lie we can buy into is this: no one wants to hear about your problems.

When we feel overwhelmed we can easily think that sharing our burdens means that we become a burden. The opposite couldn't be more true. Jesus calls us to carry our crosses in telling us, pick up your cross, and follow me, but carrying our cross isn't a one-person gig. It isn't something we have to do by ourselves. Jesus showed us the grace in having help in our suffering even as Simon of Cyrene helped Jesus carry his cross even to his death. Sharing our burdens with those we trust helps lighten the load of our crosses and means we are letting God work through those around us.

Please know that you are not alone. If there is anything we can do, to help you ease your burdens then please let us know what's happening when we ask you: "How's it going?"

Sometimes the hardest part is just getting started. When trying to share our burdens we can lean into the awkward and also trust that the Holy Spirit will guide our words. They don't have to be perfect. We can pray, "Come Holy Spirit" and begin to entrust those around us with our struggles.

There are many services out there that can help if you're struggling, whether it's food, finances, clothing, the Sacrament of Reconciliation, or simply advice. I encourage you to have the courage to ask, and reach out. We will help you to the best of our abilities.

Regarding the amalgamation of the new parish, you may have a concern, thought, advice or simply words of encouragement that you may want to share with others, or even to the priests. I hope that you feel comfortable to do so. Our contact details are here in the newsletter.

Fr Alister Castillo

To request a food grocery voucher from the St. Vincent de Paul Society Christchurch Area, please follow one of these **four ways** of communication:

- 1) Phone **03 389 7484**, extension 1 (please leave a message)
- 2) Text **027 358 9400** (text 'request voucher', name and address)
- 3) Visit **www.svdpchch.co.nz/how-can-we-help-you.html** (fill out the request form)
- 4) Email **welfare@svdpchch.co.nz** (with 'request voucher', name, address and contact number)



**Another contact number for if you need food:**

0800 HUNGRY (0800 486 479)

**Catholic Social Services:**

03 379 0012 or [css@catholic.org.nz](mailto:css@catholic.org.nz)

**Comments regarding the New Parish:**

[northparishcomments@gmail.com](mailto:northparishcomments@gmail.com)

**NEED TO TALK?**

**1737**

**free call or text  
any time**

# Why do we cross our heads, lips and hearts?

During Mass, we make a little cross on our head, lips, and heart, because these outward gestures made with our bodies are pointing to an inward prayer that is happening in our hearts.

When the Gospel is about to be read, the priest says: **'A Reading from the Gospel according to St \_\_\_\_.'** The congregation then responds, **'Glory to You, O Lord,'** making a small cross with their thumb over their forehead, lips, and chest.

Remember, the cross itself is a sign of redemption in and through Jesus Christ. When we make this sign of the cross, in any form, it's an outward act to profess our inward faith in the Trinity. This sign declares that, through our baptism, we belong to God. The reason for making a cross during this period of the Mass is to highlight the importance of the Word of God we are about to hear.

St. Paul taught us: *'For the Word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and spirit, of joints and marrow, and discerning the thoughts and intentions of the heart'* (Hebrews 4:12).

In the outward sign of crossing our forehead, lips, and heart, we are asking that the Word of God to pierce our mind, lips, and hearts. We cross our forehead so that the Word of God may be in our thoughts and purify our minds. We cross our lips so that our speech may be holy and incline us to share the Gospel with others. And we cross our hearts to invite God to strengthen our love for Him and others. All of this is so that we might know, proclaim, and love Jesus Christ all the more.

So next time you're at Mass and the Gospel is about to be proclaimed, pray that **'The word of God be ever in my mind, proclaimed by my lips, and pierce my heart leading me to deeper communion with you, Jesus.'**



## **Special Intentions:**

Beryl Ivory (Death Anniversary); Margaret Collins;

## **Those who are sick:**

Gerard MacManus; Noeline George; Susan Steele; Rosemary Milburn; Honor Bond; Kathleen Ellis; Johanna Van Zuylen; Colleen Furness; Russel Steel; Monica Renwick;

## **Those who have died:**

Brian Eccleton; Mary Lee; Anne Attwood; Brian Joyce; Erin Vermeeren; Jill Lever; Nora Collier; Stephen Cassidy; Sr Enid Lagan RSM; Jocelyn Rusbatch; Carlo Roberto Leopoldo Barbafiera; Sr Mary Boyes RSM; Yvonne Rita Wilkes; Noelene Davie; William 'Bill' Mehalski; Gwen Kane; Leo Steel; Glenice Shirley; Bishop Basil Meeking (Recently Deceased); Kym Will (Recently Deceased);